



Helpful Routines for Art and Music and Movement

Clear routines and expectations that can help to manage and maximise learning time and opportunities for children. Here are some examples:

Teachers can consider the following to establish cleaning-up routines and expectations for art activities:

- Supply work aprons with easy-to-use hook and loop fasteners
- Ensure there is a water source or buckets of water nearby
- Line the workspaces with newspapers or reusable plastic sheets
- Keep a supply of rags, sponges, duster or dustpans in the art area for the occasional spills and have children clean up their own spills whenever these happen
- Assign roles for children, e.g., the “Paintbrush Master” will ensure friends take turns with each other to use different paintbrushes and that friends clean up and put away their paintbrushes after using them
- Ensure children return all materials to where they are kept
- Ensure children clear up the table and throw used materials into the bins
- Ensure children push their chairs in



Laying out a piece of tarp before starting the art activity minimises the amount of cleaning up to be done after the activity.



Establishing clear cleaning-up routines and expectations for art activities help to manage and maximise learning time by facilitating a quick and efficient transition between activities.



Teachers can consider the following to establish routines and expectations for handling musical instruments:

- Introduce percussion instruments one at a time to avoid confusion and excessive noise.
- Set simple rules and cues for children to follow, such as:
 - Rest position – When not in use, put the percussion instrument and beater in rest position (i.e., on the floor in front of the child about one arm's length away or under the chair if the child is seated) when not in use.
 - Play position – Pick up the percussion instrument, look at the teacher and listen to the cue before playing.
 - Treat the percussion instrument with care and respect.
 - Play the percussion instrument gently and appropriately.